

February 18<sup>th</sup> is  
**Family in motion Day**



[www.swarginmotion.com](http://www.swarginmotion.com)



Connect with your local recreation centre for more details on how to get *in motion*

**LAKESHORE'S FAMILY IN MOTION DAY**

**FREE ACTIVITIES!**

Public Skating (all ages)	10am-12pm	Rink A
Public Skating (ages 6 & under only)	10am-12pm	Rink B
Family Drop-in Basketball	12pm-2 pm	Gym
Preschool Sticks & Pucks (ages 6 and under)	12pm-1pm	Rink C
Recreational Swim	12pm-1:30pm	Pool
Adult Sticks & Pucks (ages 16+)	1pm-3pm	Rink C
Public Skating (all ages)	1pm-3pm	Rink A
Public Skating (ages 6 & under only)	1pm-3pm	Rink B
Family Drop-in Badminton	2pm-4pm	Gym
Recreational Swim	2pm-3:30pm	Pool
Family Drop-in Basketball	4pm-5pm	Gym

Concession will be open from 10am-5pm - Enjoy all our Family Day specials & combos!

